

NATATION COURSE

SÉRIES DÉPARTEMENTALES FÉMININES 2009-2012

Femmes	SD	JD	CD	MD
	Senior Départemental	Junior Départemental	Cadet Départemental	Minime Départemental
50 M NAGE LIBRE	00:32.38	00:33.00	00:33.90	00:34.71
100 M NAGE LIBRE	01:09.61	01:10.94	01:12.86	01:14.61
200 M NAGE LIBRE	02:30.88	02:33.77	02:37.94	02:41.72
400 M NAGE LIBRE	05:17.98	05:24.08	05:32.87	05:40.84
800 M NAGE LIBRE	10:50.87	11:03.35	11:21.33	11:37.65
1500 M NAGE LIBRE	20:41.78	21:05.61	21:39.90	22:11.04
50 M DOS	00:36.65	00:37.35	00:38.36	00:39.28
100 M DOS	01:18.30	01:19.80	01:21.96	01:25.34
200 M DOS	02:47.66	02:50.88	02:55.51	03:02.38
50 M BRASSE	00:40.41	00:41.18	00:42.30	00:43.31
100 M BRASSE	01:28.12	01:29.81	01:32.24	01:35.27
200 M BRASSE	03:09.26	03:12.89	03:18.12	03:25.84
50 M PAILLON	00:33.80	00:34.45	00:35.38	00:36.23
100 M PAILLON	01:15.49	01:16.94	01:19.02	01:22.56
200 M PAILLON	02:47.21	02:50.42	02:55.04	03:01.08
200 M 4 NAGES	02:50.92	02:54.20	02:58.92	03:03.21
400 M 4 NAGES	05:55.73	06:02.55	06:22.60	06:33.59

SÉRIES DÉPARTEMENTALES MASCULINES 2009-2012

Hommes	SD	JD	CD	MD
	Senior Départemental	Junior Départemental	Cadet Départemental	Minime Départemental
50 M NAGE LIBRE	00:27.92	00:28.52	00:29.70	00:31.06
100 M NAGE LIBRE	01:01.46	01:02.79	01:05.38	01:08.38
200 M NAGE LIBRE	02:14.22	02:17.13	02:22.79	02:29.33
400 M NAGE LIBRE	04:48.77	04:55.01	05:07.20	05:21.27
800 M NAGE LIBRE	10:00.84	10:13.84	10:39.19	11:08.47
1500 M NAGE LIBRE	19:01.73	19:26.44	20:14.61	21:10.25
50 M DOS	00:32.61	00:33.31	00:34.69	00:36.28
100 M DOS	01:09.37	01:10.87	01:13.80	01:18.55
200 M DOS	02:32.48	02:35.78	02:42.21	02:50.41
50 M BRASSE	00:35.26	00:36.03	00:37.51	00:39.23
100 M BRASSE	01:16.88	01:18.54	01:21.79	01:26.88
200 M BRASSE	02:48.39	02:52.05	02:59.87	03:07.32
50 M PAILLON	00:30.09	00:30.74	00:32.01	00:33.48
100 M PAILLON	01:06.64	01:08.08	01:10.89	01:15.52
200 M PAILLON	02:29.74	02:32.98	02:39.30	02:48.67
200 M 4 NAGES	02:33.64	02:36.97	02:43.45	02:50.94
400 M 4 NAGES	05:24.37	05:31.38	05:45.07	06:05.18

NATATION COURSE

SÉRIES DÉPARTEMENTALES FÉMININES (25 M) 2009-2012

Femmes	SD (25 m)	JD (25 m)	CD (25 m)	MD (25 m)
	Senior Départemental	Junior Départemental	Cadet Départemental	Minime Départemental
50 M NAGE LIBRE	00:31.68	00:32.30	00:33.20	00:34.01
100 M NAGE LIBRE	01:08.01	01:09.34	01:11.26	01:13.01
200 M NAGE LIBRE	02:27.48	02:30.37	02:34.54	02:38.32
400 M NAGE LIBRE	05:10.48	05:16.58	05:25.37	05:33.34
800 M NAGE LIBRE	10:34.87	10:47.35	11:05.33	11:21.65
1500 M NAGE LIBRE	20:11.78	20:35.61	21:09.90	21:41.04
50 M DOS	00:36.05	00:36.75	00:37.76	00:38.68
100 M DOS	01:16.80	01:18.30	01:20.46	01:23.84
200 M DOS	02:44.46	02:47.68	02:52.31	02:59.18
50 M BRASSE	00:39.61	00:40.38	00:41.50	00:42.51
100 M BRASSE	01:26.12	01:27.81	01:30.24	01:33.27
200 M BRASSE	03:04.26	03:07.89	03:13.12	03:20.84
50 M PAILLON	00:33.20	00:33.85	00:34.78	00:35.63
100 M PAILLON	01:14.19	01:15.64	01:17.72	01:21.26
200 M PAILLON	02:44.31	02:47.52	02:52.14	02:58.18
200 M 4 NAGES	02:47.42	02:50.70	02:55.42	02:59.71
400 M 4 NAGES	05:47.73	05:54.55	06:14.60	06:25.59

SÉRIES DÉPARTEMENTALES MASCULINES (25 M) 2009-2012

Hommes	SD (25 m)	JD (25 m)	CD (25 m)	MD (25 m)
	Senior Départemental	Junior Départemental	Cadet Départemental	Minime Départemental
50 M NAGE LIBRE	00:27.22	00:27.82	00:29.00	00:30.36
100 M NAGE LIBRE	00:59.86	01:01.19	01:03.78	01:06.78
200 M NAGE LIBRE	02:10.82	02:13.73	02:19.39	02:25.93
400 M NAGE LIBRE	04:41.27	04:47.51	04:59.70	05:13.77
800 M NAGE LIBRE	09:44.84	09:57.84	10:23.19	10:52.47
1500 M NAGE LIBRE	18:31.73	18:56.44	19:44.61	20:40.25
50 M DOS	00:32.01	00:32.71	00:34.09	00:35.68
100 M DOS	01:07.87	01:09.37	01:12.30	01:17.05
200 M DOS	02:29.28	02:32.58	02:39.01	02:47.21
50 M BRASSE	00:34.46	00:35.23	00:36.71	00:38.43
100 M BRASSE	01:14.88	01:16.54	01:19.79	01:24.88
200 M BRASSE	02:43.39	02:47.05	02:54.87	03:02.32
50 M PAILLON	00:29.49	00:30.14	00:31.41	00:32.88
100 M PAILLON	01:05.34	01:06.78	01:09.59	01:14.22
200 M PAILLON	02:26.84	02:30.08	02:36.40	02:45.77
200 M 4 NAGES	02:30.14	02:33.47	02:39.95	02:47.44
400 M 4 NAGES	05:16.37	05:23.38	05:37.07	05:57.18